



MATERIALS

1.75 yds 36" wide linen or firmly woven cotton fabric.

Six-strand embroidery floss in the following colors: Rose Pink, Yellow, Orange, Red, Aqua, Medium Blue, Purple, Light Green, Dark Green, Brown, Rust, Black, Beige.

DIRECTIONS FOR MAKING BOOK

Cut 7 strips 9" deep straight across fabric. Cut each strip in 2 pieces approx. 9" x 18". Trim off selvages. Fold each piece in center crosswise, and crease so each side is approx. 8.5" x 9". Unfold piece and transfer two designs to it, on the same side, having one in the center of each square (as folded). Be careful to keep letters in alphabetical order.

After all pages have been embroidered, refold each piece on original crease (which will be outer edge of a double page), trim upper and lower edges with pinking shears. Use extra plain piece for cover, folding and trimming in the same manner. Sew all back edges together in one seam, then cover raw seams with a bright colored binding.

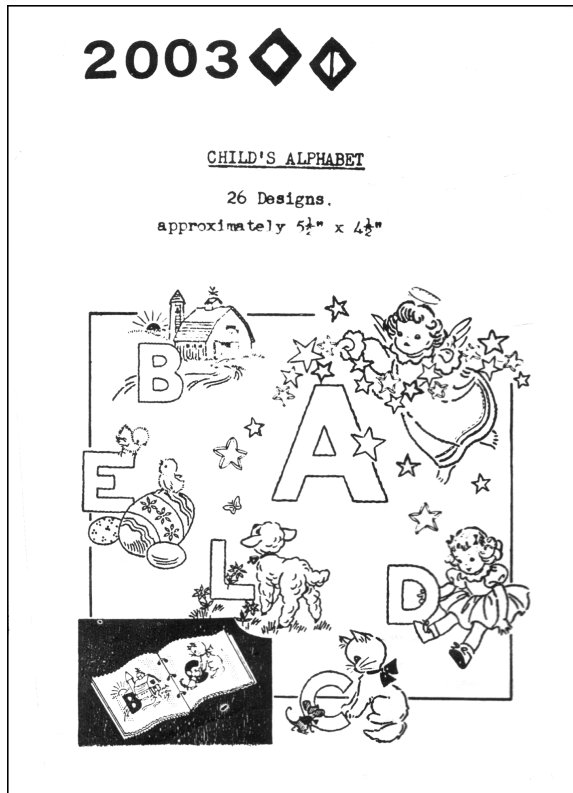
To make book a definitely personal gift, write child's name and date in large letters on cover and embroider in outline stitch in a bright color.

Designs are also suitable to use on other items for nursery - such as a quilt, towels, curtains, etc.

EMBROIDERY

Use 4 strands of floss for outlining all letters. Use 2 strands of floss for remainder of embroidery.

Make small dots with French Knots, seeds on strawberry in Seed Stitch, small solid sections (such as daisy petals and bows on kite's tail) in Satin Stitch, small daisies and leaves in Lazy Daisy Stitch. Work large solid portions (such as shells of peas, flower pots, body of ostrich, hair of Indian, etc) in Long & Short Stitch. Embroider flowers on valentine in Spoke Stitch. Work all straight or curved continuous lines in Outline Stitch.



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